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| **In the relationship** | **After you separated/**  **divorced** | **Threats & Coercion** |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 1. Your ex threatened to have the children taken away.1 |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 2. Your ex threatened to hurt the children.1 |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 3. Your ex threatened to have you committed,1 arrested, or deported. |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 4. Your ex threatened friends or family.1 |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 5. Your ex threatened to destroy things you cared about.1 |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 6. Your ex threatened to harm or kill you, and at all times carried or had readily available the means to do so. For example, he carried a knife or kept a loaded gun within reach. 1 |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 7. Your ex made sure that you didn’t smoke or drink during pregnancy, attended all OB-Gyn appointments and demanded to be in the room with you at all times, made decisions about when you could use birth control and when you could not use it.5 |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 8. Your ex forced you to use street drugs, alcohol, or non-prescribed prescription drugs.4 |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 9. Your ex used verbal abuse that brought you to tears, then made fun of your emotional pain or your tear-stained appearance.5 |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 10. Your ex made fun of what you do for enjoyment.5 |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 11. Your ex told people you were an unfit mother.6 |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 12. Your ex threatened or hurt anyone who implicitly criticized him by defending *your* behavior.2 For example, he beat up a friend for saying, “Your wife treats you like a prince;” told your concerned friends to “stay out of our business if they know what’s good for them.” |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 13. Your ex made vague statements that implied he was upset. You know your partner so well that he didn’t have to finish making the threat for you to know that you were at risk.5 For example, he said, “You made me jealous” and he didn’t have to finish the threat by saying “and when we’re home, alone, I’ll make you sorry for it,” because you already know. |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 14. Your ex damaged your property, implying that you also could be damaged. For example, he helped you “redecorate” by taking a sledge-hammer to the wall; damaged a dashboard; put a fist through a windshield or wall.1 |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 15. Your ex referred to what he knew about how to hurt people as an indirect way to threaten you.5 For example, “I just watched a television program *where they showed how not to leave marks*.” |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 16. Your ex screamed and cursed at you either in person or on the phone as a way to convince you to do what he wishes.5 |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 17. Your ex required you to live in specific locations or move for his convenience.4 |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 18. Your ex committed violence against strangers, friends, or property.5 |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 19. Your ex used to communicate what he is capable of doing if you fall out of favor, or try to get help.5 |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 20. Your ex made threats that were understood by you and that other people might not notice or see as threats.5 For example, he gave signs of disapproval by raising an eyebrow, a clenched fist seen only by you, or tapping his fingers. |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 21. You understood and accepted your ex’s reasons for threatening you, or trying to get you to do things his way. You felt grateful and/or loved when your partner was so intently focused on you. Or, you felt thankful to your partner for leaving you alone at times.5 |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 22. Your ex showed control in ways other people may see as kind. For example, says he will make sure you eat a healthy diet during pregnancy.5 |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 23. Your ex called you a whore during the custody trial.6 |
| **1 2 3 4 5 6 7** | 1 2 3 4 5 6 7 | 24. Your ex threatened to have your mother declared mentally incompetent if you didn't give up your claim to the children. 6 |